



# SEATA

**37th Annual Clinical Symposium & Members Meeting**  
**Featuring and Co-hosted by**  
**EMORY HEALTHCARE**  
 EMORY SPORTS MEDICINE CENTER  
**March 15-18, 2012 – Atlanta, GA**



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**March 15-18, 2012**

**Renaissance Atlanta Waverly Hotel**

2450 Galleria Parkway  
 Atlanta, Georgia 30339



**EMORY**  
 UNIVERSITY  
 SCHOOL OF  
 MEDICINE

## Course Description

The 37th Annual Clinical Symposium & Members Meeting, held in conjunction with the 2012 Emory University Sports Medicine Symposium, is a comprehensive, multidisciplinary program that strives to bridge the gaps between science and actual practice by incorporating surgeons, physicians, athletic trainers, and physical therapists as faculty. With the broad scope of its faculty, this symposium will reach a multidisciplinary target audience of health care professionals through a far-reaching and coordinated effort.

## Meeting Materials

*Registrants of the Clinical Symposium & Members Meeting will be able to go to a password protected website in advance to download presentations, documents, for the symposium.*

## Registration

Pre-registration for our district meeting in Atlanta, GA is \$105.00 for everyone pre-registering except students (\$70.00) and non-NATA members (\$200.00). Single day rates are also available for all each member category during both pre-registration and onsite. Pre-registration is encouraged so we can have an accurate count of those attending in order to plan ahead and reduce costs. Online registration is strongly encouraged. If you choose to send a check or register as a group, please register online and mail a list of the names registered or a copy of your registration confirmation with your check to Jim Mackie, SEATA Treasurer, 12133 Cheyenne Trail, Jacksonville, FL 32223, Phone: 904-477-9291. [SEATA Refund Policy](#) [SEATA Website Privacy Policy](#)

To qualify for the pre-registration registration prices, registration must be submitted by one of the options below: Online registration via <https://www.SignUp4.net/Public/ap.aspx?EID=SEAT82E> with credit card must be submitted on or before Friday, March 9, 2012. Online registration via <https://www.SignUp4.net/Public/ap.aspx?EID=SEAT82E> with check must be submitted on or before Friday, March 9, 2012. Follow up with your check to Jim Mackie, SEATA Treasurer, 12133 Cheyenne Trail, Jacksonville, FL 32223. **Individuals who have not registered via the above methods must register on-site at the on-site rate.**

## Accommodations

Rooms at the [Renaissance Atlanta Waverly Hotel](#) must be reserved on or before Thursday, February 23, 2012 to ensure the special group flat room rate of \$129.00 by calling (770) 953-4500. Check in time is 4:00 P.M. Request "the Southeast

Athletic Trainers Association group rate". Parking is complimentary.

Maps & Directions to the [Renaissance Atlanta Waverly Hotel](#)

### Exhibitors and Corporate Partners

If you are interested in exhibiting or if you know of an interested exhibitor or would like to refer someone to SEATA for Corporate Partnership, please see our [SEATA Corporate Partner Plan](#).

### Continuing Education

By registering and attending all of the regularly scheduled sessions of the 37th Annual SEATA Clinical Symposium & Members Meeting, registrants may receive approximately 19.25 CEUs:

#### **Tentative**

TBD CEUs through the Board of Certification

The Emory University School of Medicine designates this live activity for a maximum of TBD AMAPRA Category1Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physical Therapists: Application for CEU credit has been filed with the Physical Therapy Association of Georgia. Determination of credit is pending. Please check the link for the Emory Sports Medicine CME at [www.emory.edu/CME](http://www.emory.edu/CME) for final determination.

## **Tentative Agenda**

### Thursday, March 15, 2012

Time	Event	Presenter
1:00 P.M. – 6:00 P.M. 7:00 P.M. – 9:30 P.M.	<a href="#">SEATA Executive Board Meeting</a>	R.T. Floyd, EdD, ATC MaryBeth Horodyski, EdD, ATC, LAT David Green, MA, ATC Tom Bair, MEd, ATC, LAT Jim Mackie, MEd, ATC, LAT
1:30 – 5:30 P.M.	<a href="#">SEATA Research and Education Committee Meeting</a>	Cathleen Brown, PhD, ATC
5:30 – 9:30 P.M.	Exhibit Set Up	Rich Frazee, MS, ATC

### Friday, March 16, 2012

Time	Event	Presenter
7:00 A.M. – 12:00 P.M.	Packet Pick-Up and On-Site Registration	Tom Bair, MEd, ATC, LAT Jim Mackie, MEd, ATC, LAT Cathy Jackson, CMP
7:00 A.M. – 5:30 P.M.	Speaker Ready Room	
7:00 A.M. – 7:30 P.M.	Exhibits Open	Rich Frazee, MS, ATC
7:00 A.M. – 8:00 A.M.	Emory Continental Breakfast with Exhibitors	
7:30 – 7:40 A.M.	Welcome/Opening Comments	Spero G. Karas, MD MaryBeth Horodyski, EdD, ATC, LAT
7:40 A.M.	Shoulder Instability: Pathophysiology and Management	Spero Karas MD
8:05 A.M.	The Role of the Scapula in Shoulder Disorders: An Evidence-Based Approach to Examination and Treatment of the Scapulothoracic Joint	Dan Kraushaar, PT
8:30 A.M.	Rotator Cuff and Biceps Injuries in the Athlete	Brandon Mines, MD
8:50 A.M.	Rotator Cuff Rehabilitation: Surgical Protocols	Mike Newsome, PT
9:10 A.M.	How I Utilize Modalities in the Treatment of Injuries	Danny Long, ATC
9:30 A.M.	Discussion	
<b>9:40 A.M.</b>	<b>Break and Exhibit Browsing</b>	
9:55 A.M.	Elbow Injuries: Everything you Need to Know	Amadeus Mason, MD
10:15 A.M.	Optimizing Outcomes in Elbow Rehabilitation	Chip Hewgley, PT
10:40 A.M.	Diagnosis and Treatment of Hand/Wrist Injuries in the Athlete	Claude Jarrett, MD
11:00 A.M.	Rehab of Hand & Wrist Injuries in Athletes	Shannon Singletary, DPT,PT,ATC,CSCS
11:20 A.M.	Diagnosis & Treatment of Spondylolysis and Spondylolsthesis in the Adolescent Athlete	Ken Mautner, MD
11:45 A.M.	Discussion	
<b>Noon</b>	<b>Lunch</b>	
1:00 – 3:00 P.M.	Packet Pick-Up and On-Site Registration	Tom Bair, MEd, ATC, LAT

		Jim Mackie, MEd, ATC Cathy Jackson, CMP
1:00 P.M.	Rehabilitation of the Throwing Athlete	Kevin Wilk, PT
1:20 P.M.	Case studies	MODERATOR: KARAS
1:50 P.M.	Research Topics in Sports Medicine	MODERATOR- LABIB
2:20 P.M.	Sports Dermatology	Jorge Rodriguez, MD
2:45 P.M.	Sports Injuries Specific to the Pediatric Patient	Jeff Webb, MD
3:10 P.M.	Discussion	
<b>3:20 P.M.</b>	<b>Break and Exhibit Browsing</b>	
3:35 P.M.	Sport Psychology: Performance and Return to Play Issues	Tiffany Jones, PhD
3:55 P.M.	Injuries Specific to the Running Athlete	Amadeus Mason, MD
4:15 P.M.	Eye Injuries in Athletics	Jorge Rodriguez, MD
4:35 P.M.	Groin and Hamstring Injuries: Pathomechanics and Treatment	Amadeus Mason, MD
4:55 P.M.	Discussion	
5:15 P.M.	Meeting Adjourn	
5:45 – 7:30 P.M.	Exhibitor Reception & SEATA Governmental Affairs Committee Social	

### Saturday, March 17, 2012

Time	Event	Presenter
7:00 A.M. – 5:30 P.M.	Speaker Ready Room	
7:00 A.M. – 12:00 P.M.	Registration/Packet Pick-up	Tom Bair, MEd, ATC, LAT Jim Mackie, MEd, ATC, LAT Cathy Jackson, CMP
7:00 – 11:00 A.M.	Exhibits Open	Rich Frazee, MS, ATC
7:00 A.M. – 8:00 A.M.	Emory/SEATA Continental Breakfast with Exhibitors	Rich Frazee, MS, ATC
7:45 A.M. to Noon.	<b>Two Concurrent Sessions of Educational Programming</b>	
7:45 A.M. – 9:15 A.M.	<a href="#">Spit Tobacco: What's Occurring Under the Radar</a>	<a href="#">John F. Wisniewski, DMD, MS, PLLC</a>
9:15 A.M. - 9:30 A.M.	<b>Break and Exhibit Browsing</b>	
9:30 A.M. -10:30 A.M.	<a href="#">Implications of Healthcare Reform Initiatives for the Athletic Training Profession</a>	<a href="#">Gary B. Wilkerson, EdD, ATC</a>
10:30 A.M. - Noon	<a href="#">Clinical Prediction Rules: How to Objectively Assess the Prevention Domain</a>	<a href="#">Gary B. Wilkerson, EdD, ATC</a> <a href="#">Scott L. Bruce, MS, ATC</a> <a href="#">Marisa Colston, Ed. D., ATC</a> <a href="#">Danielle Mitchell, M.D.</a>
11:00 A.M. - Noon	Poster Session	TBA
11:00 A.M. - Noon	<a href="#">CAATE Update</a>	<a href="#">Ray Castle, PhD, ATC</a>
7:30 A.M.	Welcome/Announcements	Spero Karas, MD
7:35 A.M.	ACL Injury Prevention: Current Concepts	Spero Karas, MD
7:55 A.M.	Rationale for Anatomic ACL Reconstruction	John Xerogeanes, MD
8:15 A.M.	ACL Rehabilitation: Optimizing Results	Daniel Kraushaar, PT
8:35 A.M.	Rehabilitation of the Patellofemoral Joint	Michael Biller, PT, OCS
9:00 A.M.	NOT the ACL: Meniscus and Cartilage Treatments	Sam Labib, MD
9:20 A.M.	Techniques to Enhance Proprioception and Neuromuscular Control in the Lower Extremity	Kevin Wilk, PT
9:40 A.M.	Discussion	
<b>9:55 A.M.</b>	<b>Break and Exhibit Browsing</b>	
10:10 A.M.	Foot and Ankle Injuries in the Athlete: Best Practices	Sam Labib, MD
10:30 A.M.	Proprioceptive and Functional Rehab of the Ankle	Kevin Poplawski, PT
10:50 A.M.	Fascial Manipulation for Therapeutic Rehabilitation	Carl Heldman, PT, ATC
11:10 A.M.	Pelvic Rehabilitation in the Athlete	Blair Green, PT, MPT, OCS, CSCS
11:30 A.M.	Concussion Management: Perspectives from the NFL	Jeff Webb, MD
11:45 A.M.	Discussion	
12:00 P.M.	Lunch & Tentative Awards Presentation	
1:00 – 3:00 P.M.	Registration/Packet Pick-up	Tom Bair, MEd, ATC, LAT Jim Mackie, MEd, ATC Cathy Jackson, CMP
1:00 P.M. - 2:30 P.M.	Oral Reports: Clinical Case Studies and Research Abstracts	TBA Submission in January

1:00 to 3:00 P.M.	<b>Mini-Course</b> <a href="#">Posterior Shoulder Tightness in Overhead Athletes: Assessment and Intervention</a>	<a href="#">Stephanie Moore, MS, ATC</a> <a href="#">Tim Uhl, PhD, PT, ATC</a>
1:00 to 2:15 P.M.	<b>Learning Lab A1</b> <a href="#">Evidence Support Proximal Stability Assessment and Intervention Practices</a>	<a href="#">Thomas G. Palmer, MEd, ATC, CSCS</a>
	<b>Learning Lab A2</b> Shoulder	Spero Karas, MD Jorge O. Rodriguez, DO Shaina Lane, M.ED, ATC, LAT, OTC
	<b>Learning Lab A3</b> Elbow/Hand/Wrist	Claude Jarrett, MD Laura Tabilo, ATC
2:15 to 3:30 P.M.	<b>Learning Lab B1</b> <a href="#">Speed and Agility Training</a>	<a href="#">Adam Linens, ATC</a>
	<b>Learning Lab B2</b> Knee	John W. Xerogeanes, MD Brandon Mines, MD R T Floyd, EdD, ATC, CSCS
	<b>Learning Lab B3</b> Spine/SI Joint	Carl Heldman, PT, ATC
3:30 to 4:45 P.M.	<b>Learning Lab C1</b> <a href="#">Advanced Airways Skills for Athletic Trainers: Updating Your Clinical Skills to the New Standard of Care!</a>	<a href="#">Eric J. Fuchs, ATC, EMT-B</a>
	<b>Learning Lab C2</b> Foot/Ankle	Sam Labib, MD Jeff Webb, MD
	<b>Learning Lab C3</b> Hip	Amadeus Mason, MD Melanie Hof, ATC
4:30 - 5:00 P.M.	<b>SEATA Research Grant Award Winners Oral Report</b> <a href="#">Neuromuscular Adaptations and Altered Running Kinematics during the Transition Run in Triathletes</a>	<a href="#">Nicole Rendos, MEd, ATC, CSCS</a>
5:15 - 7:00 P.M.	<b>SEATA Members Meeting followed by the Tim Kerin Memorial Awards Reception &amp; Hall of Fame Induction</b>	R.T. Floyd, EdD, ATC MaryBeth Horodyski, EdD, ATC, LAT David Green, MA, ATC Tom Bair, MEd, ATC, LAT Jim Mackie, MEd, ATC, LAT

### Sunday, March 18, 2012

Time	Event	Presenter
7:00 – 10:30 A.M.	Speaker Ready Room	
6:15 – 8:00 A.M.	Late Registration/Packet Pick-up	Tom Bair, MEd, ATC, LAT Jim Mackie, MEd, ATC, LAT
6:45 – 9:00 A.M.	Members Coffee	SEATA
7:00 – 8:00 A.M.	<b>Roundtable with the District Director</b>	R.T. Floyd, EdD, ATC
8:00 – 9:15 A.M.	<b>General Session I</b> <a href="#">Preventing Sudden Death in Sport: Position Statement Update</a>	<a href="#">Brendon McDermott, PhD, ATC</a>
9:15 – 9:30 A.M.	Break	
9:30 – 11:00 A.M.	<b>General Session II</b> <a href="#">Evidence-based Shoulder Exam</a>	<a href="#">Brady L. Tripp, PhD, ATC</a>
11:00 A.M.	<b>Adjourn</b>	

### Special Announcement!!!!

**All Students who attend the 27th Annual SEATA Athletic Training Student Workshop receive a \$15.00 discount on Pre-registration to attend the 37th Annual SEATA Clinical Symposium & Members Meeting, March 16-18, 2012**

Discount available to non-certified students only

